



On the Field

Football is already underway this year with our Back to Football programme.

Players in Junior and Youth grades are two weeks into the four week programme of getting ready for the winter season. The training sessions focus on 4 core skills - Passing, Dribbling, Shooting & 1v1 and Game day puts those learnings into play.

The First Kicks and Fun Football groups are having lots of fun on the pitch using up all their energy.

Coaches Dennise and Jacob are already seeing changes in their ball skills- passing & dribbling.

Our Women's First Team, Men's First Team and Reserve teams players have started pre-season training with the social teams starting open trainings in March.

Board Bulletin

Sport has proven to provide many benefits including enhanced aerobic fitness, improved mental health, social engagement to name a few. For these reasons FC will continue to provide football to our members and the community. The introduction of Covid within our community has merely required FC Twenty 11, along with many other sport clubs, to be agile in how we deliver our football sessions the safest way possible while adhering to the Government and NZ Football Covid-19 guidelines.

Term 1 Back to School Programmes

As the number of Covid-19 cases continues to grow in Canterbury, we remind you that:

- if you or any of your whanau feel ill, show signs of Covid or are a close contact of someone with Covid, please refrain from attending training
- where possible parents are to drop-off/collect via the carpark,
- if watching from the sidelines please scan the QR code posted on the kiosk wall, social distance from other spectators
- all players must sign-in with the coach appointed to their group and remain in that group and pitch for the duration of the session.

If you or your child tests positive, and have been at football while infectious, we ask that you contact Jo Moar via Admin@FCTwenty11.co.nz or call on 020 432 2011. Jo will advise fellow FC members who would be deemed as a close contact that 'a' member (i.e. we will not disclose your name or personal details) has returned a positive Covid test and that they should follow the guidelines set by the NZ Government.

Winter Season

As the winter season approaches there have been many discussions within FC Twenty 11 as to how we will proceed with pre-season training, team allocations session and the commencement of the winter season. Our primary goal is minimise the risk of transmission to fellow members, our whanau and our wider community. There are a couple of different options available to which we will send further information out to our members next week.

We thank you for your patience and understanding as we navigate these uncertain times.

LOYALTY CARD



Did you know that we have a loyalty programme with the Avonhead

Tavern? Every time you purchase food or drinks, tell them you are part of FC Twenty 11 and they will donate 5% of your total spend.

Thank you to Trillian Trust for their recent Grant to replace our balls, ball bags, bibs and cones for all Junior and Senior teams.





Thank you to Pub Charity for their recent Grant to replace damaged goals at Avonhead Park.

Ops Notice

Sponsors and Funders are an important part of our club. We rely on them to provide much needed additional funds that aren't covered by donations or fees.

Without either we would struggle to pay for replacement goals, equipment, field hire and Coaching salaries for example.

If you run a business (or know someone who could be interested) and would like to find out how you can benefit from sponsoring our club please contact our Operations Manager Jo Moar, admin@fctwenty11.co.nz or 020 4 FC 2011

Coaches Corner

Team Allocation dates are fast approaching for Junior and Youth players. We would like the players to attend all sessions, where possible, as this presents the greatest opportunity for the coaches to allocate your child to a team with similar ability. If your child can only attend a single session, we will certainly do our best to allocate them to the best team for them.

We do require all players to be registered before the allocation days.

For more information please read the respective [Junior Football](#) or [Youth Football](#) pages on our website.



A parent guide to child growth and development in sport

Children's (athletic) development is driven by a combination of genetic and environmental factors. The genes a child is born with, the way in which they are raised, the experiences they have, and the environment they are exposed to will all impact on development. Consequently, not all children will develop in the same way and at the same time. Instead, children's development is often unpredictable, occurring at different times and in different ways. At one moment a child may develop rapidly while at another moment the child may progress slowly or even drop back. With this in mind, it is important that you remember that your child will develop in their own way and find their own path both within and beyond sport. Understanding your child as an individual and focusing on their personal development will enable them to progress in sport and enjoy their experience.

Read more of this article at [Balance is Better](#)



Thank you to NZCT who are funding all our turf hire for the winter season.

